



# A Silent Love

*A Ministry of Community Bible Church*

Resources for Parents  
Grieving the Loss of a Child  
During Pregnancy



Dear Friend,

We are so sorry about the loss of your precious baby. The path of grief is so painful and few people understand or are willing to share in your pain. We have found that our society is not prepared to respond to such grief, especially when the loss of a child occurs during pregnancy.

A Silent Love is a ministry of Community Bible Church whose mission is to comfort others with the comfort we have received from God. Our desire is to walk through your grief with you, helping you in any way we can. Our ministry is made up of women who have lost children at various stages of pregnancy. Our experiences are different, but our pain is the same.

You are not alone. As you face grief and cope in your own way, please feel free to accept our support. We do not wish to force our experiences on anyone; we only hope to walk beside you as you heal. We hope you will be gentle with yourself and allow your heart to grieve without expectations and time limits.

Please read through the enclosed materials, and let us know how we can support you further. We are here for you.

Sincerely,  
Shera Bean  
Becca Whitson  
Vanessa Moates  
*A Silent Love*

“...Who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.” 2 Corinthians 1:4

# *Resources for the Grieving Heart*

## Books We Recommend

### *Specific to Miscarriage/Stillbirth:*

Mommy, Please Don't Cry by Linda DeYmaz

Grieving the Child I Never Knew by Kate Wannenberg

Holding On to Hope by Nancy Guthrie

I'll Hold You in Heaven by Jack Hayford

When Hello Means Goodbye by Paul Kirk

Empty Arms: Hope and support for those who have suffered a miscarriage, stillbirth, or tubal pregnancy by Pam Vredevelt

### *General Grieving:*

Confessions of a Grieving Christian by Zig Zigler

Tracks of a Fellow Struggler by John Claypool

## Websites to Provide Support

Silent Grief

[www.silentgrief.com](http://www.silentgrief.com)

SHARE Pregnancy and Infant Loss Support, Inc.

[www.nationalshareoffice.com](http://www.nationalshareoffice.com)

A Place to Remember

[www.aplacetoremember.com](http://www.aplacetoremember.com)

Angel Babies Forever Loved

[www.angels4ever.com](http://www.angels4ever.com)

Grief Watch

[www.tearsoup.com](http://www.tearsoup.com)

## Local Support Group

Tears of Hope

1<sup>st</sup> Thursday of every month at 6:00pm

St. Edward Mercy Medical Center

## *Memorial Ideas for Your Baby*

- A wind chime that will honor the baby's life each time it chimes
- A tree to plant in honor of the baby
- A name plaque (if you have named your baby) with the baby's name, the origin, the meaning, etc.
- A memory box big enough to contain ultrasounds pictures, sympathy cards, dried flowers, etc.
- A journal to write down your thoughts, dreams, or prayers for the baby

# *A Lost Child, A Mother's Prayer*

By Jill Lemming

Lord, the child you formed within my womb,  
was taken suddenly from me...  
and all that's left is emptiness  
and questions running free.

I would've been a good mother,  
I would've loved this child so much...  
I would have given all I have  
for his precious tender touch.

I pray for strength and wisdom,  
as I face these trying days...  
Lord, help me understand the truth,  
and trust in all Your ways.

I may not know the reason  
my child is not with me...  
but I know He's safe in heaven,  
with You, for eternity.

Please tell my child I love him,  
and I'll see him in the sky...  
I'll hold him close forever,  
and sing him lullabies.

No more tears or hardship,  
no more pain to bear...  
face to face I'll see him;  
just tell him I'll be there.

# *That Moment of Grace*

By Stephanie Garcia

One lonely woman, scared and alone  
Despised and rejected— oh, the hurt she had known.  
Risking it all just to be close to You  
Believing that dreams can really come true

She touched the hem of Your garment,  
The hem of Your robe.  
From out of Your healing touch, power flowed  
Years of confusion, sorrow, and pain  
Erased in that moment, in that moment of grace.

Sometimes I'm that woman, scared and alone  
Looking for answers to the pain I have known  
Seeking the healing that comes only from You  
I want to believe dreams can really come true

If I could touch the hem of your garment,  
The hem of your robe,  
From out of Your healing touch, would power flow?  
Would my years of confusion, sorrow, and pain  
Be erased in a moment, in a moment of grace?

So this is my prayer,  
For You are my only hope...  
And this is my prayer,  
That Your power will flow...

When I touch the hem of your garment,  
The hem of your robe,  
From out of Your healing touch, may Your power flow  
Years of confusion, sorrow, and pain  
Erased in that moment, in that moment of grace

*Taken from "Stepping Stones," a publication of Bethany Christian Services*

# *Trust When It Hurts*

By Misty Lindstrand

Though with my eyes I cannot see  
The plans that He has laid for me  
I hear a voice that says "Be still."  
So thought I'm weary and my hear is faint  
I will trust you, Lord, and I will wait.

# *The Gorrow of an Empty Womb*

By Kimberly Comollo

Take this consuming desire!  
The pain is real, as every tear,  
You've promised to never leave us—  
So in the silence you must be here—  
Understanding my brokenness.  
But silly me,  
Soon my heart will wait in expectation,  
Of the miracle—Your hand on me.  
Leading and directing...  
I see no other way,  
So faith mixed with hope,  
Is what will see me through,  
My heart is yours, for you alone,  
May I not grow ashamed and bitter,  
But may my life reflect your Glory.

*Taken from "Stepping Stones," a publication of Bethany Christian Services*

# *Praise You in this Storm*

Song by Casting Crowns from *Lifesong*

I was sure by now  
That you would have reached down  
And wiped our tears away  
Stepped in and saved the day  
But once again, I say "Amen," and it's still raining

As the thunder rolls  
I barely hear You whisper through the rain  
"I'm with you"  
And as Your mercy falls  
I raise my hands and praise the God who gives  
And takes away

I'll praise you in this storm  
And I will lift my hands  
For You are who You are  
No matter where I am  
Every tear I've cried  
You hold in Your hand  
You never left my side  
And though my heart is torn  
I will praise You in this storm

I remember when  
I stumbled in the wind  
You heard my cry  
You raised me up again  
My strength is almost gone  
How can I carry on  
If I can't find you

As the thunder rolls  
I barely hear You whisper through the rain  
"I'm with you"  
And as your mercy falls  
I raise my hands and praise the God who gives  
And takes away

I lift my eyes unto the hills  
Where does my help come from?  
My help comes from the Lord  
The maker of Heaven and Earth

# A Silent Love Contact List

**Shera Bean**

479-452-6761

paulbean@sbcglobal.net

**Becca Whitson**

479-649-9193

mattandbecca@arkansas.net

**Vanessa Moates**

479-646-5894

johnmoates@sbcglobal.net